



# I Like Myself

by Karen Beaumont  
Illustrated by David Catrow

## Before We Read: Introduce the Book

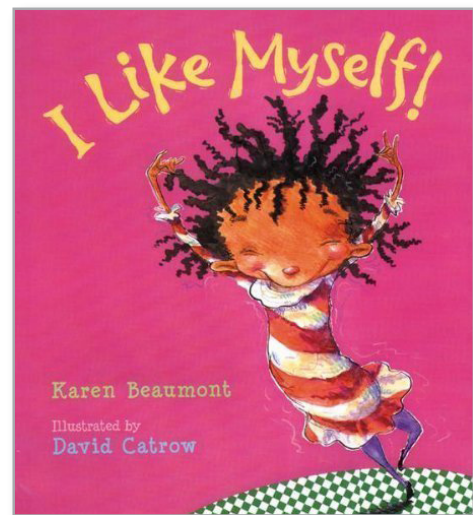
- Suggested scripted text for readers is indicated in italics with the lesson. Feel free to adapt as you wish.
- The **Now We Read** and **After We Read** sections include suggested instructions in brackets for readers.

- *In this board book, I Like Me, by Karen Beaumont and David Catrow, the main character has a great time being just who she is!*

*She says:*

*“I like me fast, I like me slow,  
I like me everywhere I go!  
I like me on the inside, too,  
For all I think and say and do.”*

- *The pictures and the words in this book are fun. Watch carefully and see all of the character’s crazy adventures.*
- *And think about the quieter things she knows, too!*



## Now We Read: Read the Book

Read the pictures first with a picture walk and talk, or start right in reading the book. Children’s reactions will help you decide on which approach to take.

- *I love the picture of this little girl as a baby with a pacifier in her mouth. Guess who else also has something in his mouth, and is looking right at her?*
- *In this book, some things to know are in the words, and some are in the pictures. And many things to know are in your own head and heart.*

- **Think about this as we take a picture walk (or read the book).**

[Children are probably going to have a lot to say about these illustrations—and some of the ideas portrayed—even if you took a picture walk first. Talking about their ideas is one way they digest a book and the ideas inside it. Encourage them to share their ideas with the group.]

## After We Read: Talk about the Book

Children’s reactions will determine which way to go with a book discussion. Try to let ideas flow freely. And notice patterns in what children are thinking. Children typically see more in pictures than adults do! So be prepared for a lively discussion.

### Optional Activities

- Children can make their own pictures about what they like about themselves. Encourage them to write descriptions on their artwork.
- Some children may want to “free-wheel” draw and color some crazy adventures they have had, or want to have.
- Create a display of children’s artwork and writing titled: “I Like Me!”
- Add in some music and story reading to expand on the story. Here are some YouTube resources.

The first one features the author, Karen Beaumont, reading *I Like Myself!*

[I Like Myself by Karen Beaumont \(YouTube\)](#)

Another book on the same topic is also on YouTube:

[RTMD - ‘I Like Me’ by Nancy Carlson - Quinn ... \(YouTube\)](#)