I Like Myself
by Karen Beaumont
Illustrated by David Catrow

Before We Read: Introduce the Book

➜ Suggested scripted text for readers is indicated in italics with the lesson. Feel free to adapt as you wish.

➜ The Now We Read and After We Read sections include suggested instructions in brackets for readers.

• In this board book, I Like Me, by Karen Beaumont and David Catrow, the main character has a great time being just who she is!

    She says:
    "I like me fast, I like me slow,
    I like me everywhere I go!
    I like me on the inside, too,
    For all I think and say and do."

• The pictures and the words in this book are fun. Watch carefully and see all of the character’s crazy adventures.

• And think about the quieter things she knows, too!

Now We Read: Read the Book

Read the pictures first with a picture walk and talk, or start right in reading the book. Children’s reactions will help you decide on which approach to take.

• I love the picture of this little girl as a baby with a pacifier in her mouth. Guess who else also has something in his mouth, and is looking right at her?

• In this book, some things to know are in the words, and some are in the pictures. And many things to know are in your own head and heart.
• Think about this as we take a picture walk (or read the book).

[Children are probably going to have a lot to say about these illustrations—and some of the ideas portrayed—even if you took a picture walk first. Talking about their ideas is one way they digest a book and the ideas inside it. Encourage them to share their ideas with the group.]

After We Read: Talk about the Book

Children’s reactions will determine which way to go with a book discussion. Try to let ideas flow freely. And notice patterns in what children are thinking. Children typically see more in pictures than adults do! So be prepared for a lively discussion.

Optional Activities

• Children can make their own pictures about what they like about themselves. Encourage them to write descriptions on their artwork.

• Some children may want to “free-wheel” draw and color some crazy adventures they have had, or want to have.

• Create a display of children’s artwork and writing titled: “I Like Me!”

• Add in some music and story reading to expand on the story. Here are some YouTube resources.

    The first one features the author, Karen Beaumont, reading I Like Myself!
    I Like Myself by Karen Beaumont (YouTube)

    Another book on the same topic is also on YouTube:
    RTMD – ‘I Like Me’ by Nancy Carlson – Quinn ... (YouTube)